POLICY ON STUDENT PARTICIPATION IN PHYSICAL EDUCATION PROGRAMS

RATIONALE

Regular participation in Physical Education is essential for assessment and for the development of the students’ social, mental and physical health. Physical Education must be seen like any other core subject.

PURPOSE

The Physical Education curriculum has been designed to incorporate a large variety of sporting activities to cater for different interests and motivations. However, the main focus of this subject is to develop students’ fitness, coordination, self-esteem and social skills. Students cannot opt out because it is not an activity of choice.

At St Aloysius we are very conscious that we need our students to develop resiliency skills and to understand the importance of following protocol, which ultimately provides a fair playing field. We wish to create and maintain an environment where all students participate in Physical Education Programs at all times.

PROCEDURES

St Aloysius Catholic College understands that students cannot participate in Physical Education Programs at times for a variety of reasons.

If a parent/guardian wishes their child/children to be exempt from participation in Physical Education lessons for a specified period of time due to illness or injury, they are asked to provide a written request, which clearly explains the reason/s for non-participation.

Where possible after a written request has been received, the student will still be included in the lesson (for example, equipment helper or umpire). If this is not appropriate, the student will bring some private study or assignment work to the Physical Education class.

If the student does not bring a note from their parents/guardians, they will have to participate in the Physical Education lesson to the best of their ability.

If the student has an on-going illness or injury and the student cannot participate for more than 2 weeks, the student must provide a medical certificate. The student will then be given a written assignment to complete for assessment purposes.

EVALUATION

This policy will be reviewed as part of the College’s policy review cycle.

Implemented: June 2012