Catholic Education Week Prayer

Father of all, in your love for us, help us to develop our own talents so that we may become like Jesus and lead lives of goodness.

Bless all learners and all teachers.

Help us, through our learning, to believe in you and to celebrate the life of your Church. Help us to grow in holiness as we grow in friendship with you and try to become saints.

We make this prayer in the name of Jesus, our Lord.

Amen

RESILIENCE – TEACHING FORTITUDE IN FAMILY LIFE

Parenting itself is a veritable school of fortitude: the 200 things you do every day before 9am when there are small children in the house, the sleep deprivation a nursing mum endures, midnight vigil for a sick child, the second job to make the school fees... every family has its own success stories. One mum was describing how she raised six children of her own, and a seventh adopted, all while mail sorting on night shift for sixteen years! Impressive. John Paul II's memories of his own father, 'He never had to be tough on me because he was so tough on himself', remind us how parental heroism can be in reach of mums and dads, and of the immeasurable good that results from parental example.

Yet our own lack of fortitude can also frustrate the natural process. We can schedule our weekly golf game so it impedes family relationships; we can allow the list of repairs around the house to become a standing joke; we can justify habitual crankiness with children even though we all know in our heart, as one parent reflected, ‘The more you are grumpy, the more he forgets, but the more I praise him, the more he remembers’. Author Jim Stenson insists that the best thing we can do for children is to give them the example of striving always to improve ourselves.

Sometimes also, parents develop a default setting, behaving as they saw their own parents behave, for better and also for worse. Your children are likely to grow into adulthood uncannily like, perhaps uncomfortably like, you.

In a sense children do raise themselves; they model themselves constantly on those to whom they have the greatest exposure. Parents therefore need to manage the influence of friends and peer groups. We must manage the voices talking to our children when those voices are unhealthy. Young people will imitate anyone (and sometimes even anything) they spend time with, even virtually or in their imaginations. The bottom line is that we become like those we associate with.

A selection of successful strategies:

Be positive. Give failures a positive spin. See mistakes are learning opportunities. Martin Seligman argues, ‘Children need to fail. They need to feel sad, anxious, and angry…. Strong emotions, such as anxiety, depression, and anger exist for a purpose: they galvanise you into action to change yourself or your world, and by doing so to terminate the negative emotion… When we impulsively protect our children from failure, we deprive them of learning the skills (of persistence).’
Don’t find someone to blame. Blame doesn’t solve problems. It is a clumsy effort to force someone else to admit guilt, but in the process it blinds us to our own failings and complicates corrections.

Seek to understand. It may have been a mystic who first said, ‘Put love and you will find love’, but it was a mystic who understood human beings. Put love means to listen without judging; apologise for the times you didn’t listen, jumped to conclusions, or raked up past mistakes.

Avoid correction by nagging, sarcasm, lectures, or the cold shoulder. Hear the child out, re-evaluate your conclusions and if you still need to correct, give clear reasons, make the correction calmly and help the child to mend the consequences of actions.

Be encouraging. A parent who gives lots of encouragement gives an important background message of trust in the young person’s good intentions, and confidence that present difficulties will pass.

Remember that your child loves you even when he or she says the most hurtful things. Don’t take the harshness personally. Your reassuring love is important, all the more important when there is a show of rejecting it. Try to understand what is taking away your child’s peace.

Never, never, put your son or daughter into a corner with words like: ‘If you get a bad report then find somewhere else to live.’ Things said in the heat of a moment can too easily be regretted in the years that follow. Show self-control.

The calmer the better! Parents who show self-control keep the line of communication open and model the behaviour they want their child to adopt. But if you do lose your temper, find it before bedtime. Apologise for your part in the fracas. And then listen.

Remember: hard lessons can be the best lessons.

‘No’ is a loving word.


CATHOLIC EDUCATION WEEK has been celebrated this week. We started our celebrations with our College/Parish Mass on Sunday. Thank you to the many staff and families who attended to recognise not only Catholic Education Week, but also our very strong links to the Kingston-Channel Parish. Thank you Fr Chris, Mrs Leanne Prichard, Mr Gerard Cronly and the musicians and singers for making the Mass such a memorable occasion.

Yesterday was our JUSTICE DAY, where the theme was: “Who will speak if we don’t? Being a voice for the voiceless in the world.” There was Mass in the Chapel; workshops; Loui’s Van selling Milo at both campuses; a Grade 5 & 6 multi-cultural lunch; and Expo and this year’s challenge was to be silent for one hour or a whole day!

STAFF NEWS
On Monday, we welcomed back Mrs Camille Newton, after she and her family’s overseas journey. We thank Mrs Kathleen Rigby for teaching Grade 5N so capably in Mrs Newton’s absence.

Next Monday, 19th August, we welcome back Mr Joe Sandric from his overseas leave.

THE P&F BOOT SCOOTIN’ BONANZA IS THIS COMING SATURDAY 17TH AUGUST

INAUGURAL STUDENT CONFERENCE
Several of our Grade 9 and 10 students will be attended this student conference at Guilford Young College on Friday. Thank you to these students for your interest and participation: Oliver Ditcham, Tyler Duggan, Chloe House, Ellie Lada, Grace McDonald, Jessica Poland, Leyton Stewart, Emily Vince, Amelia Fry, Rachel Mathers, Alex Ruut, Gio Bayabas, Joe Brady, Cameron Brooks, Emma Donovan, Holly Gregg, Kai Hoddy, Liam Norris, Daniel Prichard, Denbeigh Bogert.

BOOK WEEK will be celebrated next week from 19th – 23rd August.
At the Kingston Campus, there is to be a Book Fair on 22\textsuperscript{nd} and 23\textsuperscript{rd} August and a Book Week Parade on Friday 20\textsuperscript{th} September at 9.00am.

CONGRATULATIONS TO:

\begin{itemize}
    \item \textbf{Josh Wells} (Grade 9) who has been selected in the Tasmanian team to attend the State Teams Short Course Swimming Championships in Canberra from 20\textsuperscript{th} September to 22\textsuperscript{nd} September.
    \item \textbf{Claire Lessels} (Grade 6) who gained 2\textsuperscript{nd} place for her poster advertising France as a tourist destination in the recent Alliance Francaise Competition.
    \item \textbf{Isabel Scanlon} (Grade 8) who received an honourable mention for her poem in the Alliance Francaise Competition.
    \item \textbf{Mitchell Rollins} (Grade 7) who has been selected to play in the State Under 14 Rugby Team.
\end{itemize}

Good communication amongst all members of a family is essential, if the family is, first of all, to survive and also to be a place for personal growth and contentment for each member. To be aware of the presence of each family member and engage in meaningful, constructive and compassionate communication is simply fulfilling the needs of another person - the very needs we yearn to have fulfilled within ourselves.

The following verse offers a simplistic example of physical communication but no doubt there is a lesson that can be applied to the emotional, intellectual and social needs of each of us.

\begin{quote}
"No moving parts, no batteries.
No monthly payments and no fees
Inflation proof, non-taxable,
In fact, it’s quite relaxable:

It can’t be stolen, won’t pollute,
One size fits all, do not dilute.
  It uses little energy,
But yields results enormously,

Relieves your tension and your stress,
Invigorates your happiness,
Combats depression, makes you beam
  And elevates your self esteem!

Your circulation it corrects
Without unpleasant side effects.
It is, I think, the perfect drug:
May I prescribe, my friend... a hug!

And, of course, fully returnable. Amen!"
\end{quote}

What a busy week we have at the Huntingfield Campus this week!

\begin{itemize}
    \item On Monday, we hosted an interschool maths relay competition. Well done to our students who participated, and thanks to Mrs Jenny Noble for organising the event.
    \item On Tuesday, classes were entertained by the amazingly talented Guilford Young College Concert Band. Thanks to Ms Marla Leitch for organising this wonderful cultural event for our students.
    \item On Wednesday we had our P & F Sausage Sizzle. Thanks to all the families who supported this fundraiser.
    \item On Thursday we had our Vinnies Justice Day with lots of activities, workshops and guest speakers.
    \item On Friday, twenty of our Grade 9 and 10 students attended the inaugural Tasmanian Catholic Education Conference at GYC.
\end{itemize}
DUKE CAMP
Welcome back to our Duke students who had a wonderful time on camp up at the snow at Ben Lomond. By all accounts they all had a fabulous time! Thanks to Mr James Hickey, Mr Nick Bakker and Belinda Mann who accompanied the students.

Here is a report from one of the students who attended:
On Thursday, 8th of July 15 students and 3 teachers set off for Ben Lomond. After having lunch in Campell, we arrived at Ben Lomond at around 1.30pm. We carried are belongings to the Northern Tasmania Alpine Club lodge where we met the lodge keeper called Boyer, he was the man who kept the place in order, turning the generator on when we needed to cook our meals, and helping as with anything we needed. After settling into our cabins we spent the remainder of the day playing in the snow, and tobogganing. After tobogganing, we went back to the lodge, cooked our meals for dinner, and spent the remainder of the night playing card games and such. We then went to bed to get some rest before a big day. After waking on Friday morning, we all found out that we could not shower as the water was frozen! However, no one let this bother them and we all got ready, ate our breakfast, and headed down to the Ben Lomond Ski Sports building to get geared up for a long day of skiing. After all being geared up we had a professional skiing lesson in which we were taught the basics, we were then free to go! The only thing that everyone hated was the amount of walking that was involved in skiing as all the tows were closed, meaning we had to walk up the slopes but we didn’t let this bother us. We had heaps of fun even if it was quite painful crashing every couple of minutes. At around 4 pm we went back to the lodge, cooked our dinner and went to bed, hoping that the weather would be good in the morning so we could have a few hours of skiing before returning home. When waking in the morning Mr Hickey told us to go back to bed if we wanted to, as we were not going to be skiing as the weather was too rough. We spent a quiet relaxed morning, packing up our things, before heading back down Jacobs ladder, and returning back to school. It was truly a great fun, friendship building experience for all.

Joshua Hoyle
YEAR 10 STUDENT

GRADE 9/10 SUBJECT SELECTION PROCESS FOR 2014 - UPDATE
All first round selections should have been handed on Tuesday. The next round in the process will begin early next week.

GRADE 5 AND 6 SWIMMING PROGRAM
A reminder to all families that the Grade 5 and 6 Swimming Program begins on Monday for the next two weeks.

MR SANDRIC’S RETURN
Well, we seem to have survived the first four weeks of term without our Director of Campus .... just! We are all looking forward to welcoming Mr Sandric back next Monday and to hear all about his amazing adventures! He can then resume responsibility for this part of the newsletter, amongst other things!!

Leanne Prichard, for Joe Sandric

From the Kingston Campus Director ... ... ... Mr Brendan Gill

ASSEMBLY TIMES
Thank you to 1B for hosting a wonderful assembly yesterday. We had a surprise visitor and celebrated many achievements by students in the College community.
Monday, August 26: 2.10pm – Hosted by 1FC  
Tuesday, September 10: 2.10pm – Hosted by 1K  
Friday, September 27: 11.30am – Hosted by Prep WH (Footy Colours Assembly)

All families and friends of the College are welcome to attend Kingston Campus assemblies.

REPORTING FEEDBACK
Last Monday a letter went home pertaining to an opportunity for parents to provide feedback about our new report format. St Aloysius Kingston Campus, along with most other Catholic schools in Tasmania, recently trialled a new system and format for mid-year reports. As with anything new, there is a need to seek feedback about areas of strength and potential areas for growth. As part of this process, the Tasmanian Catholic Education Office and the Leadership Team at St Aloysius are seeking feedback about the new reporting format. Please fill in the sheet that was sent home and return it to the Campus Office if you would like to contribute your personal experiences and comments. Next week I will share the feedback I have received from parents in the newsletter.

NEW SIGN TO BLOCK ACCESS
Please be aware that the College has purchased a sign to deter people driving in the staff car park during ‘risky’ times - those times when students are arriving or leaving the College. The sign will be placed at the entry to the staff car park, thus blocking access during the following times:

8.25am - 8.45am  
2.40pm - 3.10pm

Please be aware that you will not be able to enter the car park during these times. Those parents who access our disabled parking spots are welcome to continue to do so via the Aldinga St entry. I am sure you will agree that the safety of our students must come first. Thank you to the number of parents who rang the College office in support of this new initiative.

From the Pastoral Associate ... ... ... Mrs Leanne Prichard

COLLEGE/PARISH MASS
Thank you to the many students, families and staff who attended our College/Parish Mass on Sunday morning. It was a wonderful way to begin Catholic Education Week and a great celebration of the strong links between our College and Parish community. Special thanks to the children and staff involved in various parts of the Mass.

DAFFODILS FOR SALE
Each year the nuns at Maryknoll invite our students to come and pick daffodils and jonquils to sell to raise money for Vinnies. On Tuesday some of our Mini-Vinnies students went and picked daffodils and they are now for sale in either College Office for only $2 a bunch.

CSYMA/COMMUNITY SERVICE
On Monday, six of our CSYMA/Community Service students spent their lesson volunteering in classes at the Kingston Campus as a part of our One College on Two Campuses! They helped the teachers with filing, cutting and laminating, as well as assisting in the classroom.

INAUGURAL STUDENT RE CONFERENCE AT GYC
Today twenty of our Grade 9 and 10 students joined with over 150 other students from Catholic schools across the state at the inaugural student RE Conference being hosted by GYC. As well as keynote speakers, students had the opportunity to attend workshops in the areas of music, art, sport, leadership, social justice, dance and meditation.

NEW TASMANIAN CATHOLIC MAGAZINE
This edition of the Tasmanian Catholic magazine is jam-packed full of interesting articles, including a write up and photos of our Vinnies Sleep Out and Day at Dunalley! There are also articles about some of the wonderful work being done with the young detainees in Pontville and a great article by Father Richard Ross about his body, as he fights his ongoing battle with cancer. Make sure you get the chance to have a look.
SACRAMENTAL PROGRAM 2013
Thank you to all the candidates who came to Masses last weekend to receive a copy of the Lord’s Prayer. A reminder that the small group Masses are on tonight and tomorrow night at 7.00pm. There is also an afternoon session on Saturday 17th at 4.00pm in the Parish Meeting Room under the Church. First Eucharist celebrations are now not far away and will occur on the weekend of the 24th and 25th August.

LOUI’S VAN BISCUIT DRIVE
Thanks to parents and families from Kinder J who baked treats last week. This week families from 3WF are encouraged to bring in some homemade goodies for Loui’s Van.

HUNTINGFIELD MASSES
A huge thank you to Mrs Donna Duggan and Grade 6DD who prepared a wonderful Mass last week for the Feast of St. Mary of the Cross MacKillop. Thanks too to the talented musicians who played at the Mass. Thanks to the many parents who came along to the Mass.

Weekend Parish Masses: Saturdays 6.00pm - Kingston
                      Sundays  8.30am - Snug
                      10.00am - Kingston (Children’s Liturgy is offered at this Mass)

Weekday Parish Masses: Mondays 9.00am - Kingston
                      Wednesdays 9.00am - Kingston
                      Thursdays 10.20am - Huntingfield
                      Fridays  5.30pm - St Aloysius Church

ICAS SCIENCE COMPETITION 2013
Last term students participated in the ICAS Science competition. Well done to the students who received the following awards:

Distinction:         Darcy Willis, Charles Westcott, Jet Jankiewicz, Seth Hilder, Owen Lennon, Mark Robertson
Credit:             Oliver Satunro, Lachlan Salzberger, Archie Sward, Gabriel Tueno, Thomas Chrisoulakis, Ella Harding, Dylan Johnson
Participation:      Alex Pepper, Harry Smith, Abbie Vince, Eliza Westcott, Seth Tiddy, Amber Vince, Noah Phelps, Riley Redeker, Rachel Blondich, James Kim, Davis Kim, Bradley Vince, Shumirai Bvirakare, Shane Seabourne, James Smith

St Aloysius soccer club end of year BBQ and presentation

7th of September - 2pm
Sisters of Charity Hall
Look forward to seeing all soccer players, coaches and parents there.

Penny Driessen
SACC Soccer Club President
ST ALOYSIUS ATHLETICS CARNIVAL - Tuesday 27th August
The St Aloysius Catholic College Athletics Carnival is scheduled for week 6 of Term 3 on Tuesday 27th August. Students have been training in their weekly Physical Education lessons and have been showing some outstanding ability across a range of events.

With the carnival only a few weeks away, we are in need of volunteers to provide some assistance on the day to help it run smoothly. The carnival will run between 9:40am and 2:00pm. Any help that can be provided would be greatly appreciated.

Please contact Mr Hickey on the email address below if you wish to come along and help out on the day.
james.hickey@catholic.tas.edu.au

ALLIANCE FRANCAISE COMPETITION
This is the first year that St Aloysius has been able to enter the long-running Alliance Française competition. Our grade 6 students entered posters advertising France as a tourist destination, with all the writing in French. This was a huge challenge for students, who discovered the many faults with online translating. Claire Lessells from 6HD was awarded 2nd place for her poster. Years 7 and 8 were represented by Tabitha Freeman, Isabel Scanlon, Niamh Brady and Samuel Howell. They had to present a French poem from memory, and did an incredible job. Isabel Scanlon was awarded an honourable mention for her recitation. Afterwards, students enjoyed morning tea at the French patisserie Daci and Daci Bakers in Salamanca. Congratulations to those students on their wonderful representation, and to Claire and Isabel on your achievement!

MOVE WELL EAT WELL
Did you know that we are a Souper school?
Yes, we have been recognised as a souper school as we promote the healthy option of soup throughout our school. Currently at the Kingston Campus our students can order either pumpkin or chicken and corn soup from the canteen and even the staff have got in on the act with a staff soup roster during third term taking it in turns to make soup for our Monday lunches. I have also had the pleasure of smelly delicious vegetable soup in Kinder R’s classroom.

Please find attached a couple of soup ideas you might like to try with your family. Not only is soup a healthy option for the family it is also a very economical way to make a meal out of the leftover vegies that are sitting in the bottom of the fridge!
PART WAY IS OK

Last week on Wednesday 7th August we resumed our Part Way is OK walk to school. As a Move Well Eat Well School, we encourage parents and students to use this program as we aim to promote healthy lifestyle habits while also reducing car congestion around the Kingston Campus. The walk is designed to provide parents who drive their children to school with a safe drop off location for their child to then walk to school and it is also designed for parents who would like to walk with their children to school the opportunity to do so. The walk has been very popular with up to 30 students and 6 parents walking during the first half of the year.

Osborne Esplanade, Kingston Beach, is the drop off point location for our students. This location is 800m from school and it is takes around 15 minutes to walk. The drop off point has parking spaces and it is in a location that allows working parents to continue easily on their journey. The walking route from Osborne Esplanade to school has a footpath for the whole journey and the students cross Roslyn Avenue at the school crossing.

The Part Way is OK walk will be conducted every Wednesday for the remainder of the school year and the students will be escorted on the walk by myself. I will be at Osborne Esplanade by 8.10am and the group of students walking will depart at 8.15am.

Mrs Nicole White
HPE Teacher K-6
A very big thank you to everyone who supported the Free Dress Day last Friday. The ‘Bring a Shopping Bag’ of toys, books & clothes was a huge success and certainly kick started our collection for the Fair. We would also like to extend our thanks to those who donated gold coins, the SRC from both campuses for collecting and delivering bags, and to the parents who gave up their time to sort and store items under the church. Well done everyone! Due to the success of ‘Bring a Shopping Bag’ we plan to do it again early in Term 4 prior to the Fair. Dates will be provided at the end of this term.

A flyer will come home this week providing details for drop off times at the Parish Meeting Room located under the Church. The Collection Days will commence next Monday, 19th August 2013 from 8.40am – 9.30am with further timings also available. Point of contact for Fair Collection Days is the P&F Vice President - Caterina Thompson 0417 596 773 thompson@our.net.au.

The next Fair Meeting will be held next Wednesday 21st August commencing at 7.00pm. The meeting will be held in the Parish Meeting Room located under the Church. Point of contact is the Fair Coordinator Sandra Brady 0428 675 046 bradys@clearmail.com.au. We look forward to seeing you there.

The P&F is looking forward to a great night with over 110 people attending the “Boot Scootin' Bonanza” being held this Saturday 17th August 2013 from 6.30pm at the Sisters of Charity Centre, Kingston Campus. Point of contact for the Bonanza is Toni McGinniss 0438 145 954 toniandken@bigpond.com.

Angela Cassidy
President - St Aloysius Catholic College P&F Association
The 2013 snow camp to Ben Lomond was an outstanding experience for all involved. After a long bus ride up to the base of the mountain, the students and staff were then shuttled up to the Northern Tasmanian Alpine Club where we would be staying for the next two nights.

After settling in, the group went out on to the slopes and hired some toboggans which proved to be a lot of fun. This kept us occupied for a number of hours until our bodies were aching so much from the tumbles and falls that we headed in for the night.

The second day started with an hour long lesson with an instructor to get everyone up and skiing. After this, we hit the slopes and skied for the entire day (apart from a lunch break). Unfortunately due to the weather conditions that day, the tows were not running which meant carting our skis up to the top of the mountain and skiing back down again.

With the weather already bad, overnight saw a nasty storm come in bringing high winds and rain and due to this the scheduled Saturday morning ski could not go ahead, much to the students disappointment.

However to their credit, the students did an excellent job keeping themselves occupied when not skiing. With no technology available, including phones, Ipods and Ipads, the students and staff found themselves in some intense games of jenga, cards and even some connect-four. There were some scary stories told by Liam on the first night, and Mr Bakker’s Train riddle had most people puzzled for at least an hour.

A big thank you to the Northern Tasmanian Alpine Club for hosting us over the two night, and well done to our camp organiser, Joshua Hoyle, who did an outstanding job.
Interschool Maths Relay

On Monday August 12 St Aloysius hosted an Interschool Grade 5/6 Maths Relay at the Huntingfield Campus. Teams from St Aloysius, Channel Christian School, Southern Christian College and Calvin Junior participated.

St Aloysius Green - Sophie Newton, Isaiah Prichard, William Wallace and Adam Flood - finished equal second. St Aloysius Blue - Jack Shirley, Aidan Donovan, Lachlan Sulzberger and Noah Phelps finished sixth. Well done to these grade fives who participated against mainly grade six teams.

A particular thank you to the wonderful Academic Leaders, Tom Cornish, Josh Hoyle and Lauren Hay who helped out on the day.

Jenny Noble
KERMANDIE JUNIOR FOOTBALL CLUB – TROPHY NIGHT
When:  Friday 23rd August 2013
Time:  5.30pm BBQ and DJ

Auskick and all age groups
Hope to see you all there to celebrate a fantastic season!

IMPORTANT DATES FOR YOUR DIARY

2013 TERM DATES

Term 3
Monday 22nd July – Friday 27th September

Term 4
Monday 14th October – Thursday 19th December
Staff finish - Friday 20th December

TERM 3 DIARY DATES

AUGUST
17  P&F Boot Scootin’ Bonanza from 6.30pm.
19 – 23  BOOK WEEK
22 – 23  Book Fair at the Kingston Campus Library
19 – 30  Grade 3 – 6 Swimming Program
19  College Board Meeting at 6.00pm
24 & 25  First Eucharist Masses at Christ the Priest Church
26  Kingston Campus Assembly at 2.10pm
28  Fathers’ Day Stall at the Huntingfield Campus
29  Fathers’ Day Stall at the Kingston Campus

SEPTEMBER
4  P&F Meeting at 7.00pm
10  Kingston Campus Assembly at 2.10pm.
13  GRANDPARENTS AND SPECIAL PERSONS DAY
16  College Board Meeting at 6.00pm
17  Installation of our new Archbishop, Julian Porteous
20  Book Fair and Book Week Parade at the Kingston Campus
20  Southern Catholic Primary Schools Cross Country Event for our Grades 3 – 6 team
20  P&F Kinder to Grade 4 Disco
25  Southern SATIS Athletics Carnival for our Grades 7-10 team
27  Kingston Campus Assembly at 11.30am.
27  Term 3 concludes.

2014 TERM DATES

TERM 1
Thursday 6th February 2014 – Thursday 17th April 2014

TERM 2
Monday 5th May 2014 – Friday 4th July 2014

TERM 3
Monday 21st July 2014 – Friday 26th September 2014

TERM 4
Monday 13th October 2014 – Thursday 18th December 2014