Family Life Program
Grade 1-2 Evening

Our Grade 1-2 evening program runs for 1 hour. The program begins with a discussion about what is important and special about families and also some different family structures. We then talk about how babies begin, grow and develop. The many needs of babies are also touched on. An important part of our program is a discussion on children's safety and how it's not okay for someone to look at or touch their private parts. Please be assured that all of the information discussed is delivered in an age appropriate manner.

NB: The order of content delivery may vary depending on individual situations.

Content:

- The importance of families (e.g. someone to love and care about you)
- Different types of families (single parent, step, adoptive etc)
- Ways we show love in families (being good, kiss, hug etc)
- What we love about each other
- Family rules
- How babies begin and grow: egg, sperm, fertilisation, uterus/womb, amniotic fluid, placenta, umbilical cord, birth etc.
- Twins
- Difference between girls and boys (penis/vagina)
- Keeping safe
- Baby needs (to be fed, to be put to sleep etc)

To facilitate the delivery of the above information, a PowerPoint presentation is shown throughout the evening. Also a book called ‘Happy Birth Day’ is read and a DVD about families and babies is shown. In addition to this there are foetal models and anatomically correct newborns dolls available which the children can view. Leaflets with information about sexual development in children and also how to talk to your children about sexuality are also provided.

If you have any questions or concerns of would like any additional information please do not hesitate to contact the Family Life Co-ordinator:

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