Wednesday 24th September 2014

Term 3, Issue 30

From the Principal, Mrs Elaine Doran

Prayer for the End of Term

Heavenly Father,

thank you for this College;

for friendships made,

all it has given to us

and all we have been able to give to its life.

Bless us in these holidays

and in the new beginnings that await us next term;

through Jesus Christ our Lord. Amen.

Ian Black, Prayers for all Occasions.

END OF TERM 3

Term 3 is almost ended! What a busy term it has been! We’ve had beautiful Masses and Prayer Services; Catholic Education Week, including the important Justice Day; sporting carnivals; the primary Dance Event; Phys Ed at the Kingborough Sports Centre; gymnastics at the Kingborough centre; Grade 3 – 6 swimming program; Grandparents’ Day; Parent/Teacher Consultations; Night of the Notables; just to name but a few of the events and activities that have happened during past ten weeks.

On behalf of the staff, I wish all our families a very safe and enjoyable holiday break. We return for Term 4 on Monday 13th October.

KINGSTON CAMPUS REDEVELOPMENT

Already we are on the move. The Library, offices and staffroom are just about to move into the Sisters of Charity Centre. Early next term the Grade 6 classes will move into the rooms adjacent to the Huntingfield Campus Library, the Grade 4 classes will move into the Grade 5/6 Learning Centre and the Grade 3 classes will move into the Grade 4 classrooms and the vacant Library. Construction is due to begin on 27th October to redevelop the offices and the Grade 3 classrooms. When completed, the Grade 3 classes will move into their newly developed rooms and then the Grade 4 classrooms and the Library will be upgraded. During the Christmas holidays, the Grade 1 & 2 classrooms are due to be upgraded.

SPORTING CARNIVALS …

Last Friday, our Grade 3 – 6 representative team competed in the Southern Catholic Primary Schools Cross Country event. They did so with enthusiasm and energy. Thanks to Mrs Nicole White and Mrs Carol Reynolds who accompanied the team. Mrs White has a report further on in the newsletter.

Today, a representative team from Grades 7 – 10 students competed in the Southern SATIS Athletics Carnival at the Domain. Participation was high and all competed with much vigour. Well done to our team!

SENIOR DRAMA PRODUCTION “YOU CAN’T TAKE IT WITH YOU”

This magnificent production will be staged tonight at 7.00pm in the Drama Room at the Huntingfield Campus. Tickets, which are free, may be obtained at the College Offices. Please bring a gold coin donation tonight, when you come to support the Grade 9 & 10 Drama students and their teacher Ms Bree Crocker. It will prove to be a wonderful night’s entertainment!
GRADE 10 FORMAL DINNER
The dinner for our Grade 10 students will be held on the last Friday of this term, 26th September, at the Glen Albyn Estate at Taroona. The students, along with the staff, are eagerly looking forward to celebrating their time together at St Aloysius Catholic College.

FOOTY COLOURS DAY
On our last day of Term 3, this Friday 26th September, all students are encouraged to wear footy paraphernalia for which ever team they support … … AFL, soccer, rugby … … and to bring along a gold coin donation to support the Archbishop’s Samaritan Fund. This fund assists Tasmanian families in need of financial or other support.

Good luck to all the Hawthorn and Sydney Swans supporters for Saturday’s AFL Grand final, but I really want the Hawks to win once again!

This week’s article from Michael Grose is: “An Attitude of Gratitude”

2014 Term Dates
Term 4    Monday 13th October – Thursday 18th December
NB: Teachers finish the year on Friday 19th December.

2015 Term Dates
Term 1    Thursday 5th February – Thursday 2nd April
Holidays from 3rd April - 19th April (includes Easter break)
Term 2    Monday 20th April – Friday 3rd July
Holidays from 4th July – 19th July
Term 3    Monday 20th July – Friday 25th September
Holidays from 26th September – 1t October
Term 4    Monday 12th October – Thursday 17th December
NB: Teachers finish the year on Friday 18th December.

Important Dates for the Fortnight
24th September    Southern SATIS Athletics Carnival
24th September    Senior Drama Performance “You Can’t Take it with You” at 7.00pm
26th September    Footy Colours Day at both Campuses.
26th September    Grade 10 Formal Dinner
26th September    End of Term 3.

Visit our College website, which has information about the College, its weekly notices, its educational programs and the P&F Association.

Dear friends of the College,

Why is participation in school teams valuable?
As an answer to this question, may I share with you an email I received this week?

Mirko has been Finn's soccer coach for seven years. His dedication to training, caring for and guiding the team has been a true blessing. He is man of immense patience, and boy has he needed it at times over the years!

It seems just yesterday that the boys and girls were in Prep and having their first taste of soccer, running around the ground in a swarm after the ball and stopping for a chat whenever they felt like it.

They have grown, not just bigger and stronger, but in skills and maturity over the years. The membership of team has changed over time but Mirko has remained the constant, sharing his passion for the game and teaching not just soccer but life skills too.

This Saturday gone ends an era, with the last game of the St Aloysius Sharks, but many of the boys will continue with the sport and it may even be under Mirko's coaching.

Our family is grateful to Mirko for making this journey possible for Finn as coach, mentor and friend. The following quote was made for men like Mirko:

"Small boys become big men through the influence of big men who care about small boys”.

Of course we shouldn't forget that Danielle has been there every step of the way as team manager, keeping everyone organised, handing out the ice packs when required and generally making sure it all happens.

Regards, Lyndel Churchill
Thank you Lyndel for your kind comments about Mirko Milic and well done Mirko! Also, well done to the menagerie of adults who have helped with co-curricular activities this year. As we build this College, we have a responsibility to further develop avenues for our children to be inspired by adults like Mirko and be involved in activities that see them with their classmates beyond the classroom. Next year there will be more opportunities for this from Grade 5 to 10. As a parent, please consider “being a Mirko” and helping out. It will be much appreciated by all!

**Taking student voice maybe too far?**

I often talk about “student voice” that leads to student involvement around the College. Our College is an energetic place because of it! But maybe we’re going too far (of course not)?

With our usual Choir teacher on leave, Ms Anne Bythe-Cooper, for the last few weeks Ethan Groombridge has taken charge of singing. What a great job he has been doing and what a wonderful group of singers they are! They get organised themselves and, when I inevitably come late, I see and hear them doing their thing! Top job Ethan and top job Choir.

We're still so, so excited...

Can’t wait to welcome the Grade 4s to Huntingfield, even if it’s a bit earlier than they and their families expected.

Would you as a parent like to have a tour around the campus with the Student Leaders and/or meet with me? We would love to see you. Book a tour and talk by emailing me on… (joseph.sandric@catholic.tas.edu.au)

**Advertise your business – Only five spots left!**

The House system, and more particularly seeing positive feedback to students that goes towards House points, has been a big focus of the Student Leaders initiatives this year. You would probably know by reading the Newsletters this year that we have had many opportunities for students to get House Points beyond the regular sports carnivals. The Film Festival, Cartoon Competition, House Lunchtime sport and even behavior in class has led to students that accumulate points for each students House.

Now we have the House Points Board that advertises these points, here is your opportunity to assist us and advertise too. For $200, we will place a laminated A3 color poster of your business under the House Points Board. Interested? Please email Mr. Sandric ASAP to take up the offer. (joseph.sandric@catholic.tas.edu.au)

PS… the College/Parish Fair is coming up and loads of people will be passing by the House Board and seeing your advert!

*Tom Cornish*
*Grade 10 Sports Leader*

Staff are very busy moving the whole administration block to our new temporary office. A reminder to all parents that the office will reside in the current music room for the duration of Term Four.

I wish all parents and students a wonderful term break. There will be a lot of work going on in the holidays, ready for an exciting and busy Term Four!

**Variation - College Fees/Levies 2015. - Second Advice**

Towards implementing improvements in the way the College manages the receipt of College Fees and Levies the decision has been made to treat all existing 2014 direct debit authorities ( Credit card and Chq /Saving accounts ) held as continuous authorities. Last weeks notice that details this change and a change to the number of instalments required in 2015 is available on the College website under College Notices - September. Variation – 2015 College Fees and Levies.

If you do not wish to have your 2014 deduction authority continue in 2015 you need to advise the College office by opting out.

If you have any questions then please feel free to contact me at the College office.

**2014 Fees and Levies - Final payment**

As we draw closer to the due date (15/11/2014) for the final payment to be made to your College Fees and Levies account it is important to remind our families that if an extension beyond this date is required then it is necessary that you contact the College to request that extension. As always the College will work with all our families to provide assistance and extensions where possible.

Contact details: Mobile 04 8829 8744 or email les.gardner@catholic.tas.edu.au
Social Justice Sunday: This Sunday is Social Justice Sunday. Archbishop Julian Porteous will be celebrating a special Mass and launching the Social Justice Statement at the 10.30am Mass at St. Mary’s Cathedral on 28 September. Three St. Aloysius students will attend this Mass along with students from other Catholic schools in the Hobart area. The Statement from the Australian Catholic Bishops this year is entitled “A Crown for Australia - Striving for the best in our sporting nation”. It looks at sport as an avenue for justice and peace as well as some of the negatives in sport. Our students will also man a special stall on Sunday highlighting the importance of purchasing Fair Trade sports balls, something our College PE department has recently committed to. For more information about this year’s statement, as well as past statements, please visit the website: http://www.socialjustice.catholic.org.au/publications/social-justice-statements/9-publications/322-social-justice-statement-2014-15

Sacramental Program - Reconciliation Preparation: Students in Grade 3 will have the opportunity to prepare to receive the Sacrament of Reconciliation next term. The first parent/child meeting will be held on Saturday 18th October at 5.00pm in the meeting room under the Church. This first session will be followed by Mass, where the children will receive a purple stole, and a shared supper afterwards. A letter will be sent home with all Grade 3 students this week. Interested families will need to collect and fill out an enrolment form from either the College Office or their child’s classroom teacher. The Sacrament of Reconciliation will be celebrated on the evenings of Tuesday 25th and Thursday 27th November at 7.00pm.

Vinnies Soup-making for Loui’s Van: Last Thursday, some of our Vinnies and Mini-Vinnies students met in the cooking room at lunchtime to make some yummy minestrone soup for the clients who visit Loui’s Van. They used up left over vegetables, noodles etc from the cooking classes. Special thanks to Mrs Menzie and Mrs Newlands for their assistance and donation of ingredients.

Loui’s Van Biscuit Drive: A huge thank you to all the families from the Kingston Campuses who have baked treats for Loui’s Van this term. Your generosity has been overwhelming and we are most grateful for your support of this important outreach activity. Special thanks to Mrs Andrea Watt for coordinating this wonderful program!

Huntingfield Masses: Thanks to Mrs Donna Duggan and the students in Grade 6DR who prepared a lovely Mass to pray for peace last week. Our final Huntingfield Mass for the term will be on tomorrow at 10.20am in the Chapel. Our Vinnies and Mini-Vinnies students have prepared a special Mass to celebrate the Feast of St. Vincent de Paul. The Mass is open to any students and families who would like to come along.

Weekend Parish Masses: Saturdays 6.00pm Kingston Sundays 8.30am Snug 10.00am Kingston (Children's Liturgy is offered at this Mass)
2014 State Chess Champions
On Monday 22 September, the St. Aloysius chess team travelled to Launceston to participate in the State Chess Finals for 2014.

After already having taken out the Term 1 and Term 3 tournaments for Southern Tasmania we were quite ready for this major event and the final results on the day were outstanding….

Amazingly with a senior school field of 86 players our team of four champions, Davis Kim, Bradley Vince, James Kim and Jet Jankiewicz have become the 2014 State Champions, winning the trophies with a total of 9 both individual and team prizes.

Our team has been given a trophy each for our win of 25 points.
Bradley won an individual trophy for coming in 2nd out of 86 players.
Davis won an individual trophy for the winner overall on the day.
James won the trophy for best U18 in the State for 2014.

Our team won the 2014 perpetual trophy for best in Southern Tasmania and best of all the State Champion perpetual cup for our team.

The two perpetual trophies will be on display in the St. Aloysius trophy cabinet for the next 12 months.

The Chess team have now qualified to compete in Victoria in December for the 2014 National Competition.

FAIR LOCATION & DATE CHANGE 2014 - THIS YEAR THE FAIR WILL BE HELD AT THE HUNTINGFIELD CAMPUS ON SUNDAY 9TH NOVEMBER 2014 FROM 11.30AM TO 2.30PM.

Fair Update – As advised via the flyer that was attached to last week’s Newsletter and placed on the College Website, the Fair this year will be held at the Huntingfield Campus on Sunday 9th November 2014. The next Fair Meeting will be held in the first week of Term 4 on Wednesday 15th October at the Huntingfield Campus at 7.00pm. Everyone is welcome to attend, and we ask that all Stall Holders attend this meeting. The Fair Committee will then provide an update after the meeting to the College Community.

Fair – Plant Stall - We are very pleased to announce that Sarah Godwin (Librarian at the KC) has kindly offered to be the Plant Stall Coordinator with the assistance of Chris & Marie McNamara (long term Plant Stall Coordinators). Thank you Sarah, Chris & Marie for ensuring we have a Plant Stall this year. If anyone would like to assist on the Plant Stall or have plants that they are able to provide please contact Joanne Brooks sandysamdog@yahoo.com.au or Sarah Godwin sarah.godwin@catholic.tas.edu.au. Thank you.

The Fair Committee is still confirming availability of Stall Holders and organising the move to the Huntingfield Campus. This is very exciting. We as a College Community are very fortunate to have such a wonderful venue to hold the Fair at this year.

Unfortunately, there are some stall coordinators who are no longer available due to the date change and changes in their personal circumstances. We urgently need a Focaccias and Curry Stall Coordinator or at least a new food option. The Fair will reimburse any out of pocket expenses to cover the costs of food produce, but ask that all profits made are donated to the Fair.

We want to be able to have the best possible Fair for the College & Parish. We ask for parents, students, staff and parishioners support. If you are able to assist in anyway (1/2 an hour on a stall would be fantastic) please contact the Joint Fair Coordinators - Angela Cassidy atscassidy@bigpond.com or Debbie Wills Debbie.Wills@utas.edu.au or Joanne Brooks sandysamdog@yahoo.com.au. We thank you all for your cooperation and support.

Fair - Bring a Bag of Toys – Friday 17th October 2014 – See attached flyer for further details.

Fair - Collection Days – The first Monday of Term 4 - 13th October 2014 - Items can be dropped to the Parish Meeting Room under the Church at the Kingston Campus from 8.40am to 2.50pm and again on Friday 17th October – from 2.00pm to 2.50pm and Sunday Mornings - from 11.00am to Noon. For further details please contact the Fair Collection Coordinator Caterina Thompson on 0417 596 773 or thompson@our.net.au. Thank you.
Fair - Raffle – The College & Parish Fair Raffle Tickets have now been distributed to families of the College and tickets will also be available at weekly Masses. There are some great prizes this year and we are very appreciative of the generous businesses and families who have donated these great prizes. We ask that families return raffle money, butts and any unsold tickets to either campus by Friday 17th October. Any books that are returned unsold can then be redistributed to those wishing to purchase more tickets, sold on ticket selling days at Channel Court Shopping Centre and on Fair Day. Thank you.

P&F Newsletter - The fourth edition of the P&F Newsletter for 2014 will be available on the College Website (Go to: Community, P&F, Newsletter) at the end of the week. Thank you to our wonderful Editor Caroline Jager jager7073@gmail.com.

Wishing all families a safe and happy holiday, remember the Fair would love all your unwanted items and it’s a great way to contribute to the Fair.

PS. The P&F and Fair Committee sincerely thank all those who have assisted during the year so far. We know how busy many of you are and appreciate your time and hard work. We ask you all for your continued support, as we are working hard to ensure the best Fair possible at the Huntingfield Campus this year.

Angela Cassidy
President
St Aloysius Catholic College Parents & Friends Association
Parents & Friends – Helping make a better College for our children
Contact Number - 0438 293 638

Lost size 10 school jumper named Jayden Quin. If found please return to the Kingston Campus Office.

UNIFORM SHOP
REMINDER - College Hats – These are compulsory during Term 4 and are available from the Uniform Shop and either College Office at a cost of $10.00 each. College Caps are also available for the Huntingfield students.

All details regarding our opening hours, order forms, price lists and contact details are available on the College website. There is a Uniform Shop newsletter to be issued soon with additional opening hours for Term 4.

Thank you.
Melissa Dance
Uniform Shop Manager
Email: sacc.uniformshop@catholic.tas.edu.au

ICAS ENGLISH COMPETITION

At the beginning of term students participated in the ICAS English Competition. Well done to the students who received the following awards:

Participation: Kanivanan Mathivathanan, Eliza Westcott, Zoe Scanlon, Shayden Vaughan, Freya Atkins, Niamh Bawle

Merit: William Wallace, Jet Jankiewicz, Oliver Saturno

Credit: Thomas Chrisoulakis, Macy Charles, Darcy Willis, Kody Jankiewicz, Jemimah Satchell, Lily Robinson, Cohen Ratcliffe, Inara Osborne, Angelina Jankiewicz, Madeline Brough

Distinction: Charlie Westcott, Noah Phelps, Mark Robertson

Mrs Jenny Noble
Enrichment Teacher

Catholic Cross Country Carnival

On Friday 19th September, 64 students represented St Aloysius in the Primary Catholic Cross Country Carnival. The carnival was held at the Police Academy, Rokeby in very windy conditions. St Aloysius participated in the gold division with schools of a similar size. Congratulations to everyone who participated and thank you to Mrs Doran and Mrs Reynolds who assisted Mrs White on the day.
<table>
<thead>
<tr>
<th>Place</th>
<th>Name(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd</td>
<td>Josephine Thompson, Henry Rutherford</td>
</tr>
<tr>
<td>3rd</td>
<td>Elosie Paine, Cameron Baldwin</td>
</tr>
<tr>
<td>4th</td>
<td>Lola De Kramer</td>
</tr>
<tr>
<td>5th</td>
<td>Metasebia Duggan</td>
</tr>
<tr>
<td>6th</td>
<td>Noah Keogh</td>
</tr>
<tr>
<td>8th</td>
<td>Seb Waters, Jack Moles</td>
</tr>
<tr>
<td>9th</td>
<td>Riley Griggs, James Bomford</td>
</tr>
<tr>
<td>10th</td>
<td>Archie Sward</td>
</tr>
<tr>
<td>11th</td>
<td>Zac Griggs, Owen Bester</td>
</tr>
<tr>
<td>12th</td>
<td>Liam Duffy, Charlotte Faella, Gracie Clark</td>
</tr>
</tbody>
</table>

**Attachments to the Newsletter**
- Grandparents’ and Special Persons’ Day in Kinder H
- Grade 5/6 Enrichment Night of the Notables
- The Fair Needs Toys
- “An Attitude of Gratitude” by Michael Grose
- Kids Allowed in Kingborough
- Cartoon Workshops
- Kingston LINC
What a beautiful day we had last Friday spending the morning with our Grandparents and Special People. We started the morning by singing a prayer to our special people. The kindergarten children had great pleasure demonstrating some of the dances they had learnt from the Southern School Dance Event.

“No matter where our lives may go, We will trust the Lord above And through it all always that him for our grandparents love.”

I love my Nanny and Poppy. I like going to the park with them. We go to the shops together. My Nanny has blonde hair. My Nanny does sewing. I go to judie’s sewing class with Nanny. Next year I am going to go cooking with Nanny Freya.

I wish that Harry and I will have lots of fun times together especially playing soccer. Love and xxx from Nanny.

No matter where our lives may go We will trust the Lord above And through it all always thank him for our grandparents love.
NIGHT OF THE NOTABLES

On Tuesday 16 September the Grade 5/6 Enrichment students dressed up as notable people they had chosen to learn about. The students answered questions in character and put up displays to teach people about their notables. Thanks to the families and teachers who helped with costumes, displays and making the night a success. Thanks to Mr Sandric for helping run the evening.
The Fair needs Toys!!

Bring them along on Friday 17th October at
Kingston & Huntingfield Campuses

Dear Families,

The school holidays are now upon us and it is a fantastic time to sort through the unused or unwanted toys that eventually build up in your home.

On the first Friday in Term 4, students are invited to bring along a bag or bags of toys. Huntingfield students can bring their bags of toys to the Huntingfield Campus Canteen Foyer and will receive a house point for each bag of toys brought to school.

The students at Kingston Campus can bring their bags to blue carpet area and will be given a raffle ticket in exchange for each bag they bring to school. Their raffle tickets will then be entered into their class draw to win a prize per class.

Any queries or questions please contact Sonia Vince details below.

Warm Regards

(Mrs) Sonia Vince
Toy Stall Coordinator 2014
0407 933 041

Toys = HC = House Points
Toys = KC = Free Raffle
An attitude of gratitude

Cultivating gratefulness in our children enhances family life and will reap long-term emotional rewards for them throughout their lives, writes Karen Fontaine.

Article contributed by Karen Fontaine

In the materialistic age in which our children are growing up, it’s common for them to expect plasma TVs, overseas holidays and marshmallow-strewn babycinos as gifts.

But rising levels of affluence seem to have had an inverse effect on our kids’ levels of gratefulness. For example – when was the last time any child you know wrote a thank-you note for a gift, or said (without prompting) a heart-felt ‘thank you’ for dropping them at the train station when it was raining?

As adults age, our feelings of gratitude – for health, for family, for good food and even something as simple as a sunny day – generally tend to increase. Gratitude allows us to celebrate the present. It magnifies positive emotions.

But for kids, whose sense of entitlement can be epic, the power of gratitude is not only in magnifying the positive but also in blocking the toxic and negative emotions such as envy, resentment and regret.

“We know that grateful kids are happier (and) more satisfied with their lives,” says Jeffrey Froh, an assistant professor of psychology at Hofstra University near New York who focuses on the topic.

“They report better relationships with friends and family, better academic achievements, less materialism, less envy and less depression, along with a desire to connect to their community and want to give back.”

The good news is, it is possible to teach gratitude. One of Froh’s studies found that early adolescents who simply counted their blessings in a journal every day for a fortnight were more appreciative than those who didn’t, as well as more optimistic and more satisfied with their lives.

Froh and his co-authors also found that schoolchildren exposed to a specific “gratitude curriculum” reported more appreciation and happiness than those who didn’t get the lessons, even up to five months later. They were also much more likely to act on their feelings, writing 80 per cent more thank-you notes for a school event than the control group.

Froh acknowledges that gratitude comes more naturally to some kids than others, although he’s not suggesting there’s a “gratitude gene”.

“But I do think environment can play a major role,” he said. “I always point out to my kids, James, six, and Julianne, two and a half, instances when they could – and should! – be grateful. The other day, James said to me, ‘Daddy, today was such a great day. We went to the beach in the morning, then we went to a park in the afternoon, then we went to the beach again at night, and for dinner you made my favorite chocolate chip waffles. I’m the luckiest boy in the world!’ For a five-year-old to understand how ‘lucky’ – that is, grateful – they are is something very special. Had my wife and I not encouraged gratitude in him, I wonder if he would have drawn the same conclusion. Maybe, maybe not. But I’d like to think we played some role.”

At our dinner table, everyone takes turns in answering the question “What makes you happy today?”. The responses, from “having a wrestle with Dad” to “the picnic lunch we had in the backyard”, are great ways that our three children – aged 12, five and three – inadvertently verbalise their appreciation of something simple.

And so, with our eldest on the cusp of turning into a teenager – an age when gratefulness generally comes as naturally as a rambling conversation style – I ask Froh: is it expecting too much for teens to show gratitude at a time when they are expressing a fundamental desire to individuate from their family? Is pushing parents away, and exhibiting total ignorance of all you’ve done for them, all behaviours that conjure independence?

“I know people say this, but I disagree,” he says. “Yes, teens want independence. But who said they can’t acknowledge, let’s say, how much their efforts played into getting them into their dream school while simultaneously acknowledging the efforts of the many others who helped get them there? Sure, it’s a balancing act. But it can be done.”

Jeffrey Froh shares his top five tips on how parents can help cultivate in children an attitude of gratitude.

1. “Learn to limit kids’ commercial consumption and commercial activity and to maintain experiential activities that engage them in topics that they are curious about or interested in.”

2. “Encourage children and teens to write simple yet effective thank you notes or letters that acknowledge the efforts of teachers and coaches in their lives. Or adults could also remind teens to text ‘Thank you’ to friends who have been there for them, stood up for them, or helped them in important ways. This strategy shows how we can promote gratitude as a life skill in teens, too.”

3. “Some general but necessary habits that adults can practice and which are especially helpful early on (easy with children as young as three) to model gratitude and thankfulness regularly as well as encouraging and reinforcing such behaviours in children.”

4. “Help kids to process benefits with ‘grateful lenses’. That is, help them understand the importance of intent, cost, and benefit when someone does something kind for them. For example, our eight-year-old cousin, Olivia, helped James with his homework. To help increase his gratitude for this, I said, ‘How nice was it that Olivia went out of her way to help you with your homework (intent)? She even gave up going on the trampoline to do so, and we know how much she loves that (cost)! And because she did, you were able to finish your homework before it got dark so you had more time to play outside (benefit).’”

5. “Tune into your child’s interests and strengths. Nurturing this in them will give them even more to be grateful for.”

Karen Fontaine is a Sydney-based journalist.
October
FREE Activities for Children

Kids Allowed in
Kingborough

<table>
<thead>
<tr>
<th>Time</th>
<th>Workshop</th>
<th>Bookings/Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays</td>
<td>Drop in for Children’s Yoga</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td>10am-11am</td>
<td>Bend, stretch, reach and play with a special kids style yoga class.</td>
<td>$5/child/session</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Questions, call Mari 0437 680 714 or <a href="mailto:marlipearn@hotmail.com">marlipearn@hotmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Papercraft – 1st</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td></td>
<td>Fold, cut, glue, scrunch, collage, marble and stamp – so many great ideas with paper.</td>
<td>No Bookings Required</td>
</tr>
<tr>
<td></td>
<td>Fun with Music – 8th</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sing, dance, make a noise and move to music.</td>
<td></td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Finger Puppets – 15th</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td>10am-11am</td>
<td>Cute finger puppets that will definitely delight.</td>
<td>No Bookings Required</td>
</tr>
<tr>
<td></td>
<td>Pirates Ahoy – 22nd</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ahoy there maties – make your own pirate hat, eye patch and other pirate craft ideas.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Halloween Craft – 29th</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td></td>
<td>See our frightfully good craft ideas for Halloween.</td>
<td>No Bookings Required</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Kids in Harmony</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td>10.30am –</td>
<td>Music, Movement and Relaxation</td>
<td>$5/child/session</td>
</tr>
<tr>
<td>11.30am</td>
<td>Have fun singing, playing instruments, moving, drawing and relaxing to music.</td>
<td>Questions, call Anna 0423 345 171 or <a href="mailto:anna.plunkett@yahoo.com.au">anna.plunkett@yahoo.com.au</a></td>
</tr>
<tr>
<td>Closed on</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Show Day 23rd</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fridays</td>
<td>Drop in for Science Fun</td>
<td>Kids Allowed Shop</td>
</tr>
<tr>
<td>10am-11am</td>
<td>Drop in for a bit of science fun during your visit to Channel Court.</td>
<td>No Bookings Required</td>
</tr>
<tr>
<td>Closed on</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Holiday 24th</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

‘Kids Allowed’ Shop, Channel Court Shopping Centre
(next door to RACT and opposite Post Office)
Children must be supervised.

For more information, contact Council’s Community Development Officer
on 6211 8228 or email: kc@kingborough.tas.gov.au

KINGBOROUGH COUNCIL
www.kingborough.tas.gov.au
TUE OCT 7 - COOPER SCREEN ACADEMY
MYSTERY THEME!
Ages 9 - 14        10am - 2pm        $40
Let the Dice decide! A cartoon workshop disguised
as a 4-hr drawing game, in which the details of what we
draw are unknown until we roll the dice!

WED OCT 8 - SCHOOLHOUSE GALLERY
thINK draw connect learn
In this ALL-DAY drawing intensive, we will use
innovative drawing games to experiment with
creative cartoon techniques. Will include making
flipbooks, cartoon chatterboxes and other cool devices.
BOOKINGS: 03 6245 8740

FRI OCT 10 - KINGSTON LINC
Ages 9 - 14        $25
10am - 12 noon:    TOTALLY RANDOM STUFF
Cartoon mash-up using random ideas from the group -
Who knows what we’ll draw next? You decide! Let’s Draw!
1 - 3pm: HOW TO TRAIN YOUR SLUGBUNNY
A choose-your-own-adventure cartooning game
starring Slugbunny, where the roll of a dice
decides his cartoon fate!

BOOK EARLY! (0413) 575 113
bradfield@bradfielddumpleton.com
FOR FULL DETAILS GO TO:
bradfielddumpleton.com
Looking for something exciting to do during the September holidays?

Spring into Kingston LINC’s holiday program

Telephone: 6165 6208
Email: kingston.linc@education.tas.gov.au

Two weeks of fun activities
Monday 29th September – Friday 10th October 2014

Arts, crafts and story sessions

Special StoryTime with Sonia Strong
Listen to Sonia Strong read her children’s book Tazzie the Turbo Chook
Make your own colourful spring chicken