4 August 2016

SWIMMING INSTRUCTION – Grade 3, 4, 5 & 6
CLARENCE POOL 15TH AUGUST – 26TH AUGUST 2016

Dear Parents/Guardians,

The students in Grade 3, 4, 5 and 6 will attend swimming sessions from Monday 15th August to Friday 26th at the Clarence Aquatic Centre. These sessions, which include stroke improvement and water safety are an important component of our Physical Education Program.

The main objectives of a swimming program are:
- To help children to become competent in the water
- To ensure, as far as possible, that all children develop safe and sensible practices in their use of the pool, beaches, rivers and other swimming facilities
- To help children to learn what to do when in difficulties themselves, or when others get into difficulties

Children need to:
- Wear their bathers under their sports uniform to school
- Take their underwear and a towel in a strong plastic bag or swimming bag
- Have a coat for cool days
- Not wear jewellery or take any valuable items, such as phones, with them to the pool

If your child cannot attend due to illness, please notify your child’s class teacher in writing.

Please ensure your child has any necessary medication they may require.

When at the pool students do not have permission to buy food from the canteen. We ask also that parents do not buy their child or any other student food from the pool canteen.

It is a requirement of the pool that all children have their own swimming cap.

Girls must wear one-piece bathers. Girls with long hair please put in a plait to enable caps to be easily put on and hair to be manageable after swimming.

Yours sincerely,

(Mrs)Nicole White  (Mrs) Elaine Doran
HPE Teacher  Principal