



ST. ALOYSIUS CATHOLIC COLLEGE

20th March 2019

Dear Grade 7 & 8 Students and Parents/Guardians,

RE: GRADE 7 & 8 AQUATICS UNIT

As a progression from the primary learn to swim program, we are once again undertaking an Aquatic Unit during our Health and Physical Education class time at the Clarence Aquatic Centre. This unit will run for 3-4 weeks during normal PE class time. The structure incorporates stroke correction, fitness and aquatic safety. The main purpose of this unit is to identify and help improve weak swimmers, as well as educating on 'swim survival techniques'. All levels and abilities will be catered for in a supportive manner and the groups will be running as single sex classes.

It is very important that we have full participation during this unit. If a student is unable to swim, then a letter to their HPE teacher is essential. This is an important assessment unit and failure to participate will make assessment difficult.

Students are to bring bathers, towel, swimming cap and goggles.

Please look at the attached timetable and make sure that you take note of the dates that your child will be participating in the unit of Aquatics. Please contact me if you have any questions or concerns.

Grade 7 HPE			
Wednesday Girls	Wednesday Boys	Friday Girls	Friday Boys
1 st May	19 th June	3 rd May	21 st June
8 th May	26 th June	10 th May	28 th June
15 th May	3 rd July	31 st May	5 th July
22 nd May			

Grade 8 HPE			
Tuesday Girls	Tuesday Boys	Wednesday Girls	Wednesday Boys
30 th April	18 th June	12 th June	20 th March
7 th May	25 th June	19 th June	3 rd April
14 th May	2 nd July	26 th June	10 th April
21 st May		3 rd July	

Yours sincerely,

Mr James Hickey
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Mr Brendan Gill & Mr Joe Sandric
Co Principals