



ST ALOYSIUS

CATHOLIC COLLEGE

4th August 2017

SWIMMING INSTRUCTION – Grade 3, 4, 5 & 6 CLARENCE POOL 21st August – 1st September 2017

Dear Parents/Guardians,

The students in Grade 3, 4, 5 and 6 will attend swimming sessions from Monday 21st August to Friday 1st September at the Clarence Aquatic Centre. These sessions, which include stroke improvement and water safety are an important component of our Physical Education Program.

The main objectives of a swimming program are:

- To help children to become competent in the water.
- To ensure, as far as possible, that all children develop safe and sensible practices in their use of the pool, beaches, rivers and other swimming facilities.
- To help children to learn what to do when in difficulties themselves, or when others get into difficulties.

Children need to:

- Wear their bathers under their sports uniform to school.
- Take their underwear and a towel in a strong plastic bag or swimming bag.
- Have a coat for cool days.
- Not wear jewellery or take any valuable items, such as phones, with them to the pool.

Please also note:

- If your child cannot attend due to illness, please notify your child's class teacher in writing.
- That your child has any medication they may require.
- That when at the pool students do not have permission to buy food from the canteen. We ask also that parents do not buy their child or any other student food from the pool canteen.
- Girls must wear one-piece bathers.
- Girls with long hair please put in a plait to enable caps to be easily put on and hair to be manageable after swimming.
- **That it is a requirement of the pool that all children have their own swimming cap.**

Yours sincerely,

Mrs Nicole White
HPE Teacher

Mr Brendan Gill and Mr Joe Sandric
Co Principals