

Resources for parents to help children/adolescents navigate a sexualised world

BOOKS

How to Talk to Your Kids About P*rnography (Educate and Empower Kids, 2016)

Exposure to p*rnography is inevitable. Because you care about the healthy sexual development of your child, you need to alert them to porn's dangers and how they should respond if they see it. Full of practical tips, advice and discussion questions that will foster productive and meaningful conversations between you and your kids.

Good Pictures Bad Pictures: P*rn-proofing today's young kids (Kirsten Jensen and Gail Poyner, Glen Cove Press, 2014). Best seller internationally, *Good Pictures Bad Pictures* is an illustrated book you can read with your child. For kids 5-10, this book gives children practical steps to take if they are confronted with porn on-line.

On Top: Your personal study guide to holistic sexuality (Cheryl Fagan). Helping your 13-18-year old clarify their values around sexuality. Positive and holistic (mind, body, heart, soul), this book will give your young person valuable insight and personal skills to clarify their values around personal sexuality. <http://cherylfagan.org>

Getting Real: Challenging the sexualisation of girls: (Melinda Tankard Reist, Spinifex Press, 2009) Spinifex Press biggest selling title, *Getting Real* puts the spotlight on the sexualisation and objectification of girls and women in media, popular culture and society generally. *Getting Real* brings together for the first time, some of the most vocal critics of the widespread pornification of culture. Academics, psychologists, authors and activists, they call corporations, the media and the sex industry to account for creating this toxic environment.

Big P*rn Inc: Exposing the harms of the global p*rnography industry (Eds. Melinda Tankard Reist, Abigail Bray, Spinifex Press, 2011) The unprecedented mainstreaming of the global p*rnography industry is transforming the sexual politics of intimate and public life, popularising new forms of hardcore misogyny, and strongly contributing to the sexualisation of children. Yet challenges to the p*rnography industry continue to be dismissed as uncool, anti-sex and moral panics. Unmasking the lies behind the selling of porn as 'just a bit of fun' *Big Porn Inc* reveals the shocking truths of an industry that trades in violence, crime and degradation. This fearless book will change the way you think about pornography.

Sexts, Texts and Selfies: how to keep your children safe in the digital space (Susan McLean, Penguin 2014). This book helps you understand and connect with your child's online world and guide them safely through it. Widely regarded as Australia's first cyber cop, cyber-safety expert Susan McLean shows you how to establish good online habits, set time restrictions and boundaries, identify good apps and bad apps, deal with cyber bullying, work out who to 'friend' and 'unfriend', and manage your child's digital reputation.

These books and others are available at <http://melindatankardreist.com/products-page/>

Online

<https://endsexualexploitation.org/resources-parents/> (USA) **The National Center on Sexual Exploitation (NCOSE)** is the leading national organization exposing the links between all forms of sexual exploitation such as child sexual abuse, prostitution, sex trafficking and the public health crisis of pornography. As the threat of pornography in the web of sexual exploitation is systemically overlooked by society, the National Center on Sexual Exploitation has prominently advanced this issue as a central pillar of its projects in order to promote more holistic solutions.

<https://www.common sense media.org/> **Common Sense Media** is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology. Empowering parents, teachers, and policymakers by providing unbiased information, trusted advice, and innovative tools to help them harness the power of media and technology as a positive force in all kids' lives.

<https://fightthenewdrug.org/> **Fight the New Drug** provides individuals the opportunity to make informed decisions regarding pornography by raising awareness on its harmful effects through science, research, and personal accounts. Especially popular with young people.

<https://resistporn.org/> **Resist Porn** offers resources to help Church leaders, parents, couples and schools resist pornography. Highly recommended tips for parents.

<https://www.familyzone.com/au> **Family Zone** Popular cyber safety platform for the family. 'Protect kids on every device, everywhere'.

<https://esafety.gov.au/> **The Office of the eSafety Commissioner** resources to help your young people have a safe, positive experiences online.

Get involved!

www.collectiveshout.org Collective Shout: for a world free of sexploitation – join the cause to fight for a world free of sexploitation in all its forms.

www.melindatankardreist.com Website of Melinda Tankard Reist for blogs, articles, research, resources on sexualisation of children, objectification of women, violence against women and girls, trafficking and the sex industry.