



ST ALOYSIUS

CATHOLIC COLLEGE

October 23rd 2017

Dear Parents/Guardians

This week students at the Kingston Campus are participating in 'Ditto's Keep Safe Adventure'. 'Ditto's Keep Safe Adventure' is a protective behaviours program by Bravehearts. It is designed for children aged 3-8 to learn key messages around personal safety and is funded by the Tasmanian State Government.

The show is a 40 minute program that complements the Personal and Social Capability Criteria of the Australian National Curriculum, and is delivered state-wide in an entertaining (with the mascot Ditto the Lion) and non-intrusive way.

The program teaches children:

- To trust their feelings and to distinguish between 'yes' and 'no' feelings
- To say 'no' to adults if they feel unsafe or unsure
- That they own their bodies
- That nothing is so yucky that they can't tell someone about it
- That if they feel unsafe or unsure to run and tell someone they trust

The website www.bravehearts.org.au contains more information about the program as well as detailed information for parents and guardians.

Kind regards

(Mr) Brendan Gill & (Mr) Joseph Sandric
Co-Principals